

Feature Lori Golden on Your Show

Media Questions

Lori Golden

1. When did you realize you had been sexually abused?
2. Why don't sexual abuse victims tell?
3. Why didn't you tell?
4. Why don't children tell?
5. What is the power of denial?
6. What immediately happens to victims when something sexual is occurring whether for children or adults:
7. Explain dissociation in understandable terms?
8. Why and how do people block out their sexual abuse?
9. Why is it hard to remember?
10. If people remember their abuse, do they still have to work on it?
11. Why do they block out the feeling experience of the abuse?
12. What happens in the workplace when women or men are abused?
13. Why is it difficult to believe what has happened is not ok and was a sexualized touch?
14. What are the symptoms of Post Traumatic Stress Disorder?
15. How do people live in the symptoms of sexual abuse believe they must be "crazy"?
16. How do addictions keep memories at bay?
17. What are flashbacks and how are they experienced?
18. How does secrecy lead to isolation for children and adults?
19. Why does a mother not confront or tell on their spouse?
20. What are the symptoms of sexual abuse?



Lori Golden is passionate about helping both trauma and abuse survivors on their healing journey. Her work today is an outgrowth of her recovery from childhood incest and addictions. She has worked in the mental health profession since the seventies and has her private practice in San Diego.

Her first book, *My House of Lies*, is a memoir about her addiction, recovery and overcoming childhood incest after thirty-seven years of amnesia.

Lori Golden | 858-215-2326 | LoriGoldenAuthor@gmail.com